

Glenmore 10-mile times

Forename	Surname	2/4/24	16/4/24	7/5/24	21/5/24	28/5/24	2/7/24	6/8/24	20/8/24
		mm:ss	mm:ss	mm:ss	mm:ss	mm:ss	mm:ss	mm:ss	mm:ss
Lindsey	Alexander			32:10	32:01	32:12	34:26		
Nicki	Diggins			33:14		32:10			
Katy	Elder		33:52						
Tash	Burley	32:45							
Tess	Pirie	32:15							
Adam	Alexander					25:26	25:48		
Hamish	Irvine	28:07	28:27		25:22				
Mick	Morris		26:23	25:24	24:40	25:30	26:29		
Paul	Parrish		29:39	27:15					
Greg	Quin	25:58	26:13	25:04	24:48	24:31	25:19		
Calum	Scott		32:04	30:18	29:01		29:38		
Tom	Spencer	25:43		24:30		24:43			

Combined results

Forename	Surname	2/4/24	16/4/24	7/5/24	21/5/24	28/5/24	2/7/24	6/8/24	20/8/24	Best 5 results						
										Points	Points	Points	Points	Points	Points	Points
Lindsey	Alexander			25	25	24	25			1	2	3	4	5	99	1
Nicki	Diggins			24		25				25	24				49	2
Katy	Elder		25							25					25	3
Tash	Burley	24								24					24	5
Tess	Pirie	25								25					25	3
Adam	Alexander					23	24			24	23				47	6
Hamish	Irvine	23	23		23					23	23	23			69	5
Mick	Morris		24	23	25	22	23			25	24	23	23	22	117	2
Paul	Parrish		22	22						22	22				44	7
Greg	Quin	24	25	24	24	25	25			25	25	25	24	24	123	1
Calum	Scott		21	21	22		22			22	22	21	21		86	3
Tom	Spencer	25		25		24				25	25	24			74	4

Handicap times

Forename	Surname	2/4/24				16/4/24				7/5/24				21/5/24				28/5/24				2/7/24			
		Age	Std	Actual	HC Time	Age	Std	Actual	HC Time	Age	Std	Actual	HC Time	Age	HC	Actual	HC Time	Age	HC	Actual	HC Time	Age	HC	Actual	HC Time
Lindsey	Alexander									53	29:21	32:10	-02:49	53	29:21	32:01	-02:40	53	29:21	32:12	-02:51	53	29:21	34:26	-05:05
Nicki	Diggins									60	30:02	33:14	-03:12					60	30:02	32:10	-02:08				
Katy	Elder					34	28:14	33:52	-05:38																
Tash	Burley	48	28:56	32:45	-03:49																				
Tess	Pirie	45	28:42	32:15	-03:33																				
Adam	Alexander																	47	26:36	25:26	01:10	48	26:40	25:48	00:52
Hamish	Irvine	60	27:39	28:07	-00:28	60	27:39	28:27	-00:48					60	27:39	25:22	02:17								
Mick	Morris					61	27:45	26:23	01:22	61	27:45	25:24	02:21	61	27:45	24:40	03:05	61	27:45	25:30	02:15	61	27:45	26:29	01:16
Paul	Parrish					61	27:45	29:39	-01:54	61	27:45	27:15	00:30												
Greg	Quin	59	27:33	25:58	01:35	59	27:33	26:13	01:20	59	27:33	25:04	02:29	59	27:33	24:48	02:45	59	27:33	24:31	03:02	59	27:33	25:19	02:14
Rich	Rose																								
Calum	Scott					67	28:30	32:04	-03:34	67	28:30	30:18	-01:48	68	28:39	29:01	-00:22					68	28:39	29:38	-00:59
Tom	Spencer	31	26:02	25:43	00:19					31	26:02	24:30	01:32					31	26:02	24:43	01:19				

Glenmore handicap results

Forename	Surname	2/4/24	16/4/24	7/5/24	21/5/24	28/5/24	2/7/24	6/8/24	#####	Best 5 results						
										Points	Points	Points	Points	Points	Points	Points
Lindsey	Alexander			25	25	24	25			25	25	25	24		99	1
Nicki	Diggins			24		25				25	24				49	2
Katy	Elder		25							25					25	3
Tash	Burley	24								24					24	5
Tess	Pirie	25								25					25	3
Adam	Alexander					22	23			23	22				45	6
Hamish	Irvine	23	23		23					23	23	23			69	5
Mick	Morris		25	24	25	24	24			25	25	24	24	24	122	2
Paul	Parrish		22	22						22	22				44	7
Greg	Quin	25	24	25	24	25	25			25	25	25	25	24	124	1
Calum	Scott		21	21	22		22			22	22	21	21		86	3
Tom	Spencer	24		23		23				24	23	23			70	4